





**Your team at Pupils Vision Therapy is committed to keeping our patients safe and minimize the risks of spreading COVID-19, while following the guidelines established by the College of Optometrists of Ontario. We have implemented changes to our way of providing care.**



**1)** We ask that patients showing symptoms of COVID-19, patients who have had recent exposure to COVID-19 or who have travelled within the previous 14 days reschedule their appointment and advise their vision therapist as soon as possible. These patients will not be permitted access to the office. Therapy may be able to proceed remotely.

- a. **COVID Symptoms not allowed in office** 
- b. **Remote Vision Therapy instead** 

**4)** Everyone visiting the office will be required to wear a mask. A reusable cloth mask will be included in your package of vision therapy equipment. You will also be required to disinfect your hands upon entering the office.

- a. **Mask required to enter** 
- b. **Clean hands when enter** 


**2)** We will spend additional time cleaning/sanitizing the rooms and shared equipment between each patient. Our new schedule will have to accommodate additional cleaning time, start times will be staggered and may not be on the hour.

- a. **Extra Cleaning** 
- b. **Staggered start times** 

**5)** We encourage remote vision therapy, when suitable, to reduce the number of trips to the office and minimize the risk of exposure. This can be discussed further with your vision therapist and arranged as full-time remote VT or occasional remote VT (most sessions conducted in the office and occasional sessions conducted remotely).

- a. **Remote therapy strongly encouraged** 

**3)** To reduce the need to share equipment and ensure proper hygiene, all vision therapy patients will be required to purchase personal equipment. The packages will include most items required for therapy and will be sold for \$300 (This price is our cost with no mark-up).

- a. **Personal therapy equipment** 

**6)** To reduce the number of patients, present in the office at one time, we ask that patients attend therapy sessions alone while drivers or companions wait in their car. In the case of a young child or a person needing assistance, one parent or caregiver is permitted to accompany them. We ask that you avoid coming in the office more than 5-10 minutes prior to the start of your appointment.

- a. **Attend alone** 
- b. **One parent with child** 
- c. **One caregiver with disabled person** 
- d. **Not too early** 